

**iCON-VCH Indigenous Health Round**  
**Where do I start? Building confidence and competence in anti-racist education**

*Jan. 26, 2023: 12:00pm – 1:30pm (PT)*

*Speakers: Dr. Laurie Harding and Dr. Linda Diffey*

**Links:**

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**Slide 2:**

<https://native-land.ca/>

**Slide 4:**

1. FNHA First Nations Health Benefits Mental Health Provider List:  
<https://www.fnha.ca/Documents/FNHA-First-Nations-Health-Benefits-Mental-Health-Provider-List.pdf>
2. The KUU-US First Nations and Aboriginal Crisis Line is available 24/7. Crisis line operators listen and provide referrals to both cultural and western support systems and monitor at-risk individuals to help them get through crises, supporting them during their most painful moments. Crisis Line for Adults and Elders at 250-723-4050; Children and Youth at 250-723-2040; Toll Free at 1-800-588-8717.
3. Métis Crisis Line: Available 24 hours a day at 1-833-638-4722. Please reach out to your worker if you are finding it difficult to cope during this time, or seek support through the following resources. The Métis Crisis Line is available 24 hours a day, 7 days a week.
4. Indian Residential School Survivors Society: 1-800-721-0066 or 604-985-4464 to access the following cultural supports: Sadie McPhee, Gertie Pierre, or Yvonne Rigby Jones. Emotional mental health and counselling services will be accessible for the IRSSS Resolution Health Support Workers.

Diffey, L. (2022). Teaching Indigenous Health Within an Anti-racist, Anti-colonial Pedagogical Framework: Using Indigenous Resurgence to Explore the Experiences of Medical School Instructors [Doctoral dissertation, University of Manitoba].  
[https://mspace.lib.umanitoba.ca/xmlui/bitstream/handle/1993/36871/diffey\\_linda.pdf?sequence=1&isAllowed=y](https://mspace.lib.umanitoba.ca/xmlui/bitstream/handle/1993/36871/diffey_linda.pdf?sequence=1&isAllowed=y)

Harding, L. (2018). What's the harm? Examining the Stereotyping of Indigenous Peoples in Health Systems [Doctoral dissertation, Simon Fraser University].  
<https://theses.lib.sfu.ca/file/thesis/4994>

Ward, C. (2018). Teaching about Race and Racism in the Classroom: Managing the Indigenous Elephant in the Classroom [Doctoral dissertation, Simon Fraser University].  
<https://theses.lib.sfu.ca/file/thesis/4984>

**Slide 8:**

Email: [braid@umanitoba.ca](mailto:braid@umanitoba.ca)

Library guide: <https://libguides.lib.umanitoba.ca/indigenoushealth/BRAID>

SharePoint: <https://umanitoba.sharepoint.com/sites/BRAID>

Instagram: <https://www.instagram.com/braidnetwork/>

Twitter: <https://twitter.com/BraidNetwork>

**Slide 9:**

Ward, C., Ninomiya, M. E. M., & Firestone, M. (2021). Anti-Indigenous racism training and culturally safe learning: Theory, practice, and pedagogy. *International Journal of Indigenous Health*, 16(1).

<https://jps.library.utoronto.ca/index.php/ijih/article/download/33204/27350/#:~:text=Antiracism%20education%20requires%20naming%20the%20privileges%20and%20power,not%20benefit%20from%20the%20same%20privileges%20and%20power>

**Slide 13:**

Government of British Columbia. (2020). *Plain Sight: Addressing Indigenous-specific Racism and Discrimination in B.C. HealthCare*. <https://engage.gov.bc.ca/app/uploads/sites/613/2020/11/In-Plain-Sight-Full-Report.pdf>

**Slide 17:**

Lavallee, B., & Mushquash, C. (2017). *The “raced” body: Reflecting on clinical encounters* [Webinar]. ICS Collaborative Learning Series. <https://www.icscollaborative.com/webinars/the-raced-body-reflecting-on-clinical-encounters>

**Slide 21:**

*White benevolence: Racism and colonial violence in the helping professions:*

<https://fernwoodpublishing.ca/book/white-benevolence>

Latty, S., Scribe, M., Peters, A., & Morgan, A. (2016). Not Enough Human: At the Scenes of Indigenous and Black Dispossession. *Critical Ethnic Studies*, 2(2), 129–158.

<https://doi.org/10.5749/jcritethnstud.2.2.0129>

**Slide 23:**

Chapter 4: How Indigenous-specific Racism is Coached into Health Systems by Barry Lavallee and Laurie Harding in *White Benevolence: Racism and Colonial Violence in the Helping Professions* in *White benevolence: Racism and colonial violence in the helping professions:*

<https://fernwoodpublishing.ca/book/white-benevolence>

**Slide 26:**

Ward, C., & Smylie, J. (2016). *Setting the context for Indigenous cultural safety: Facing racism in health* [Webinar]. Indigenous Cultural Safety Learning

Series. <https://www.icscollaborative.com/webinars/setting-the-context-for-indigenous-cultural-safety-facing-racism-in-health>

Indigenous Cultural Safety (ICS) Learning Series: <https://www.icscollaborative.com/>

**Slide 27:**

Me and White Supremacy by Layla F. Saad. <http://laylafaad.com/meandwhitesupremacy>  
BRAID Reading Circle registration: <https://www.eventbrite.ca/e/braid-indigenous-anti-racism-reading-circle-me-and-white-supremacy-tickets-516854354287>

**Slide 29:**

Registration for “What is an ally and who says so?” on Feb 10, 2023.  
<https://iconproject.org/event/indigenous-health-round-feb102023-2/>